

# Futsal: The Role of the Futsal Coach

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## The Role of the Futsal Coach

In Futsal, the role of the coach is that of facilitator. The coach sets up the game and the conditions for learning, provides some supervision and allows the game to teach. The coach becomes a manager of the games with the comprehensive and long range objective being to develop and improve the soccer performance of the players. The primary objective for youth players under 11 years of age is the development of technical skill. This is due in part to the nature of children and their willingness to experiment to find their own way to execute technical skill.

Remember, technique is not an objective in and of itself but a tool. Technical skill must always have a relationship with the game (application). Problem solving, decision making, intuition, anticipation, and technical skill must be developed in the context of games. Technical activities outside of games, should not be considered the "end all and be all." The game and involvement of playing the game is most important. Too often these activities on the individual basis are "drills" and are not realistic as far as the demands of the game are concerned. Technical skills should not be viewed as "tricks" or "gimmicks," but in the end must be practical to use in the game.



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#### How to Contribute as a Coach

Youth soccer coaches contribute to player development by:

- Observing the game
- Analyzing the problems
- Setting simple objectives for practice
- Planning the practice session
- Managing the game and practice environments.

While technique, decision making and physical talent can be distinguished from one another, they are not related.





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#### How your players and team will benefit from Futsal

Part of the effectiveness of Futsal is that it contributes to the developmental needs of young players.

#### The basic rules are:

- The use of a goalkeeper
- No offside's
- When the ball goes out of bounds over the sideline (touchline), it is put back into play with a kick-in
- The kick-in cannot go directly into the goal
- When the ball goes out over the end line, it is put back into play wither by throwing the ball back into the playing area, or awarding a corner kick
- After a goal has been scored, it is put back into play by a kick-off
- Players can score from anywhere on the field
- All fouls are penalized as in a regular soccer game except that a team can't commit more than 5 fouls per half
- The opponent must be five yards away from the ball at the time of the kick



## **THANK YOU!**

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